

# **ST GEORGE'S MEDICAL PRACTICE**

**THE 'MY BEST LIFE' PRACTICE CHAMPION IS;**

**ZOE PRITCHARD**

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To find out more about our social prescribing service – 'My Best Life' and how the service can help you, please ask our practice champion for more details about the service

**THE 'MY BEST LIFE' ADVISOR IS:**

**DARREN ROWE**

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The 'My Best life' Advisor works in a number of practices across the locality – this is the person that the practice champion can put you in touch with and who can talk to you and offer support.