



# ARE YOU A CARER OR LOVED ONE WHO HAS BEEN AFFECTED BY CANCER?

Social & support group for caregivers and loved ones of those going through cancer, and those who have lost loved ones to cancer.



## THE WELL- UPCOMING SCHEDULE

**JANUARY**

THURSDAY 8<sup>TH</sup>, 2PM: JANUARY CATCH UP &

CRAFTS

**FEBRUARY**

THURSDAY 12<sup>TH</sup>, 2PM: WELLBEING SESSION

**MARCH**

THURSDAY 12<sup>TH</sup>, 2PM: LITTLE BOX OF HAPPINESS

**APRIL**

THURSDAY 9<sup>TH</sup>, 2PM: KINDNESS BASKET CRAFTS

**MAY**

THURSDAY 14<sup>TH</sup>, 2PM: FINANCIAL SUPPORT SESSION

**JUNE**

THURSDAY 11<sup>TH</sup>, 2PM: KINDNESS BASKET CRAFTS

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For more information please **contact Amy on 07380863049.**

**Please note:** All group meetings at The Well for Wellbeing ( Suite 12, Queens Court, 11 Regent St, Barnsley S70 2EG) are free to attend and include refreshments.

