

St George's Medical Practice

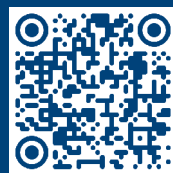
Caring for our Community



Roundhouse Medical Centre
Wakefield Road, Barnsley S71 1TH

01226 720207

www.stgeorgesmedicalpractice.co.uk



Appointments
Medication • Services
NHS App & more

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Computer

The Practice is computerised and all information is governed by the Data Protection Act.



Summary of Facilities

Access for wheelchairs	YES
Access without steps	YES
Toilet for wheelchair users	YES

Please Note:

Our Practice has a regular influx of Registrar Doctors. Patients have the right to decline the presence of a medical student during usual consultations.

WELCOME TO ST GEORGE'S MEDICAL PRACTICE

This booklet contains useful information about your doctors and their staff. It also provides the surgery hours, services we provide for you and other useful phone numbers. Please make yourself familiar with the information and keep this booklet in a safe place for further use.

The Partners:

Dr W Farhan (Female)	MBBS	2009
	MRCGP	2006
	DFSRH	2010
	DOHNS	2001
	MRCS	2006
Dr S Amin (Female)	MBBS	1998
	MRCGP	2015

Salaried GP's:

Dr S Elbashir (Female)	MBBS	2015
Dr A Adefioye (Male)	MB ChB	2018

Practice Staff:

Practice Nurse (3)	Part-time
Nurse Associate	Full-time
Health Care Assistant (3)	Full-time
Senior Administrator	Part-time
Practice Administrator	Part-time
Data Input Clerk	Part-time
Practice Secretary (2)	Part-time
Admin Clerk	Part-time
Reception Manager	Part-time
Deputy Reception Manager	Part-time
Receptionists (4)	Part-time
Clinical Pharmacists (3)	Part-time
Physician Associate (2)	Full-time
Health & Wellbeing Coach (2)	Part-time
Care Coordinator	Part-time

Primary Health Care Team:

Attached Staff - Employed by Primary Care Trust

District Nurses, Health Visitors, School Nurses, Midwives, Chiropodist, Physiotherapist, Community Psychiatric Nurse, Macmillan Nurse Service.



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How to REGISTER as a New Patient

Please register online through our website, or ask at reception for a new patient registration pack.

Once this is complete and a GP has authorised registration, your records will be requested from your previous GP.

You can see a GP as soon as your registration has been authorised should you need to.

Consultations By Appointment

Our receptionists will be happy to help you make an appointment. If you cannot attend an appointment, please let us know, another patient could have urgent need of this appointment. One appointment must be made for each person attending. It is desirable for children under the age of 14 years to be accompanied by an adult, whenever possible, preferably a parent.

Appointment Length

The doctors currently see patients at a mixture of 10 minute intervals, which is a standard consultation time in many practices. Many appointments currently run over, which results in patients waiting. Sometimes this is inevitable and based on clinical need, but other factors include:

- Requests for routine repeat prescriptions during consultation time.
- Patients asking for accompanying relatives to be seen at the same time without having made an appointment.
- Patients with extensive 'lists' of problems which cannot possibly all be dealt with in a single appointment.

Please Try & Make The Best Use Of The Doctors Time

- Please use the repeat prescription system.
- Remember, one appointment for one patient only.
- If you have several problems, please make a further appointment.

Access

The current arrangement for access is a mixture of 24 hour appointments, which allows patients to book for any urgent appointments on the day.

The practice also offers appointments up to 2 weeks in advance for patients who wish to book this way.

Roundhouse Surgery - Opening Hours:

Day Surgery	Opening Times
Monday	8.00am - 6.30pm
Tuesday	8.00am - 6.30pm
Wednesday	8.00am - 6.30pm
Thursday	8.00am - 6.30pm
Friday	8.00am - 6.30pm

Online Services

Patients can register for our online services which include **booking appointments online, ordering prescriptions** and access to their **patient medical record**.

Please visit our website or contact reception to register.

Patients can also contact us online via the **online triage tool**.

www.stgeorgesmedicalpractice.co.uk





Prescription Line:
01226 720200
Between 10am & 2pm

Patients can also order their prescriptions online - to do this please visit our website or ask at reception for information on how to register for this service.

Please give us 48 hours notice to get your prescription ready for collection.

Please do not request routine repeat prescriptions during appointments with the Doctor, as this keeps other patients waiting longer.

Enquiries

Any other enquiries will be passed to the doctors after their morning surgery. You will then be asked to telephone the practice after 3pm the same day for a response.

Repeat Prescriptions

If repeat medication has been authorised by a doctor, you will be issued with a computer copy of your repeat medication, this is attached to your prescription and is known as a 'B side'. When you require repeat medication, please tick the box of the items you require and post it in the prescription box at the surgery reception, your prescription and new copy can be collected after two working days. Alternatively, you may post your computer request slip with a stamped addressed envelope and it will be returned.

When collecting prescriptions from the Roundhouse Medical Centre, please collect between 8.00am and 6.30pm.

Home Visits

Home visits are for people who are housebound or very ill. Please try to attend Surgery whenever possible. If a home visit is necessary, please make every effort to request the visit before 11am, explaining the symptoms to the receptionist will help us to plan our calls. If you feel an home visit is not really necessary, but would like advice, a doctor will speak to you by arrangement.

Should you require a visit when the surgery is closed, please telephone the surgery and an answering machine message will give you instructions. You will be visited by one of the partners or a local colleague of the Doctors Deputising Service. Barnsley Healthcare Federation have a home visiting service that is used by all GPs in Barnsley therefore one of their clinicians may visit you if appropriate.

Out of Hours Service

Out Of Hours Services are now provided by NHS 111 - Should you require a Doctor when the practice is closed, please ring NHS 111.

New Patients Health Screening

It can take several weeks to obtain your medical records from your previous doctor. Therefore, you will be asked to complete a medical questionnaire.



Child Health Clinic

Child health clinics are held for immunisations and developmental assessments. The doctor, nurse and health visitor are in attendance for routine screening of Infants and to give the parents advice. If your child is unwell, please make a normal surgery appointment. This is to minimise the risk of cross infections for other infants.

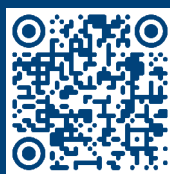
Anticoagulant Clinic

This is a nurse led clinic that we offer to patients on long term Warfarin therapy. This has the benefit of providing a local service for patients monitored by ourselves.

Minor Surgery

Minor surgery procedures including the treatment of warts are carried out in the practice. Please ask one of the doctors if you think minor surgery is appropriate for you.

Roundhouse Medical Centre
Wakefield Road, BARNSELY S71 1TH
Tel: 01226 720207



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Other Services

Family Planning Services

We offer a comprehensive range of contraceptive services including the morning after pill, contraceptive injections, implants, IUD (coil) fitting and referral for vasectomy sterilisation as appropriate.

Smoking Cessation Clinic

The practice now has an in-house Smoking Cessation Clinic. Please enquire at reception for more information as day and times vary.

Healthcare Services

Where appropriate the practice will direct you to other services we work with such as Pharmacy, First Contact Physio and Eye Service Clinic. The Receptionists are trained to ask patients about their concerns so they can navigate patients to the appropriate service.

Holiday Vaccinations

Please plan early, you need to see a practice nurse about vaccinations before travelling abroad. The nurse will arrange an immunisation programme for you. Only some vaccines are available within the practice.

Flu And Pneumonia Vaccination

In accordance with the Department of Health guidelines, we particularly recommend these vaccinations for patients with chronic heart, lung or liver disease, diabetes and residents of nursing and residential homes and Carers. Please enquire at reception to check your entitlement.

Other Services Include: Zoladex / Prostag Clinic and Methotrexate Monitoring.

We aim to meet the National Standards of Service set out in the Patients Charter.

1. We hope to offer patients an appointment to see a doctor within 48 hours.
2. Patients who genuinely request urgent appointments will be seen the same day.
3. We offer specialist referral to our patients where this is agreed and required. Referrals will be made to a mutually acceptable specialist.
4. We will arrange for the provision of the therapies, drugs or appliances which are felt most appropriate to our patients. In return we would ask you to follow the medical advice offered, and to take any medication as advised.
5. We aim to issue repeat prescriptions within 48 hours Monday to Friday.
7. Patients can have access to their medical records on written request, and subject to the limitations of current law. Should your medical records be requested by any third parties (Solicitors etc) these will only be sent once your consent is given.
8. We undertake to maintain security and confidentiality regarding our patients medical history.
9. We will seek informed consent for any involvement in medical research, or if medical students or doctors in training are involved in any consultation.
10. We invite patients to let us know of any problems by discussion with the Practice Manager. We will do our best to resolve problems promptly, by following our 'In-House' complaints procedure.
11. All non NHS work will be charged at the BMA recommended rate.
12. This Practice has a non discriminatory policy. We endeavour to treat all patients equally, regardless of race, sex or cultural belief.
13. Patients have a right to express a preference to receive services from a particular performer or class of performer, however should the preferred performer not be available in practice (eg annual leave) and you need to see a GP, then you will be asked to see whichever GP is available.

Please help us to help you

Complaints Procedure: The practice has a complaints procedure in place. Please ask at the Reception Desk for details.

Suggestion Procedure: We welcome suggestions that will help us improve our service, please post any suggestions in the prescription/suggestion box.

Violent or Abusive Patients: The Practice has a zero tolerance policy in keeping with NHS guidelines. Anyone verbally abusing either a member of staff or the public, or using inappropriate language, will be asked to leave the premises and requested to find another GP. Anyone who is violent or causes damage will be removed from the list immediately.

You and Your General Practice

This guide tells you what to expect from your general practice (GP) and how you can help them, so you get the best from the National Health Service (NHS). More details can be found through the links online.

When and how can you contact your general practice?

Your general practice is open from 8.00am to 6.30pm, Monday to Friday.

Throughout these hours you, or your carer on your behalf, can:

- Visit the practice
- Call them
- Online using the practice's website or the NHS App

You can choose the way you contact your practice based on what is best for you. Some practices may have longer hours or may ask that you contact them via phone or in person for urgent queries.

What if the practice is closed?

If you need urgent help for your physical or mental health when the general practice is closed, and you cannot wait until they open, go online to 111.nhs.uk or call 111. They will tell you what to do next.

What if it's an emergency?

If it's a serious or life-threatening emergency, go straight to A&E (Accident and Emergency) or call 999.

What happens when you contact your practice to request an appointment?

Whether you make your request by phone, on-line or visiting your practice, you may be asked to give your practice some details so that they can assess what is

best for you based on your clinical need. The practice team will consider your request for an appointment or medical advice and tell you within one working day what will happen next.

This could be:

- An appointment that day or a subsequent day
- A phone call that day or a subsequent day
- A text message responding to your query
- Advice to go to a pharmacy or another NHS service

Your practice will decide what is best for you based on your clinical need.

Your practice cannot tell you to just call back the next day.

Who might help you?

You might be offered a face-to-face appointment or a phone call with a GP or other member of the practice staff, like a nurse or pharmacist.

If you have a carer, they can speak for you with your consent.

You can ask to see a preferred healthcare professional, and the practice will try to meet your request, although you might have to wait longer for that person to be available.

It can be helpful to see the same healthcare professional, particularly if you have a long-term health condition.

From what age can you see a GP on your own?

If you are 16 or older, you can make and go to appointments by yourself.

If you are under 16, you can still ask to see a GP without your parent or guardian. The GP will decide if that's appropriate for you.

What if you need extra help?

If you do not speak English, you can ask for interpretation services in your preferred language when you make an appointment.

If you need extra help like longer appointments, a quiet space, wheelchair access, or information in a different format, tell your practice and they will try to help.

How do you choose a general practice?

You can:

- Call or visit a local practice
- Use Find a GP online

If you want to change to a new general practice you can do so at any point. Most people have a few choices nearby.

Do you need ID or proof of address?

No, you do not need ID, an NHS number or proof of address. It can help the practice if you do, but it is not needed to register or see a GP. You can also register with a practice if you are homeless.

Can a practice say no to registering you?

They must write to you within 14 days if they say no and explain why. A practice can only say no for a good reason, like if you live too far away or their patient list is closed. For example, they cannot say no for reasons such as immigration status, not having a permanent address, or for reasons connected with other characteristics protected under equalities legislation.

Can you choose which hospital or clinic you are referred to?

If your GP needs to refer you for a physical or mental health condition, in most cases you have the right to choose the hospital or service you'd like to go to. You can get further information on your right to choose on the [nhs.uk](https://www.nhs.uk) website.

If you are new to the UK

You can still register with a GP. It's free to use and your immigration status does not affect your right to register with a GP.

If you are away from home but still in the UK

If you are away from home for more than 24 hours (but less than 3 months), you can register as a

temporary patient near where you're staying.

You can also change your nominated pharmacy so you can get your medicine nearby. You can do this by contacting your practice or via the NHS App.

Do general practices charge for anything?

NHS GP services are free. Sometimes, if you ask the GP to do private work (like writing a letter for insurance), they may charge a fee.

How should everyone be treated?

The practice should treat everyone fairly, kindly and respectfully. Likewise, you should also treat staff with respect. The practice can remove patients from their list if they are violent or abusive to staff.

To learn more about your rights, you can read the NHS Constitution.

How can you help your general practice?

Be prepared: Before an appointment, think about writing down your symptoms, what you are worried about and what you want to talk about.

Be on time: Being late for an appointment or being unavailable for a timed call-back can affect other patients.

Cancel if needed: If you can't go to your appointment, tell the practice as soon as you can, so that they can offer it to someone else.

Use the NHS App or website: If you're confident using smart phones or computers, you can book or cancel appointments, order repeat prescriptions, and see your test results online.

Turn on notifications: If you use the NHS App, turn on notifications so the practice can contact you more easily. Please keep an eye out for messages.

Order repeat medicines on time: Make sure you ask for repeat prescriptions on time, so you don't run out, and only order what you need.

Join the Patient Participation Group: Your practice will have a group of patients who can offer feedback on the services it delivers. Your practice website should explain how you can join.

Visit: <https://www.england.nhs.uk/long-read/you-and-your-general-practice-english/>

To find out How can you give feedback or raise concerns, or access translation versions and further links to information on this subject



Self Treatment Of Common Illnesses & Accidents

Antibiotics: Firstly a note on these commonly prescribed & powerful medicines. They only work on bacteria & are without effect on viruses. Unfortunately, therefore, common infections like colds & flu etc will not be helped by them at all. The correct treatment is the simple remedies outlined here & we only use antibiotics when they fail & we suspect that there is a secondary bacterial infection. Over use of antibiotics may lead to their not working in future (antibiotic resistance) & more complications like thrush & skin rashes etc.

Back Pain: Back pain causes 13 million working days to be lost in Britain each year. The spine, being made up of 24 fragile bones & associated cartilage & tendons, supports the whole weight of the upper body &, therefore, it is understandable that it sometimes goes wrong. Because of the complex nature of the spine, it is advisable to consult your doctor if back pain persists. Meanwhile, take care to sit as upright as possible with a support for the small of the back & sleep on a firm bed. Take Ibuprofen or Paracetamol, if these are safe for you, which will not only relieve the pain but will help to relieve inflammation. There are also exercise you can do, please visit Arthritis UK online for more information. Your doctor may well prescribe stronger drugs, physiotherapy or other treatment. Also look out for red flags such as numbness around the back passage or loss of bowel or bladder control. Seek urgent medical advice if this should occur via A&E or 999.

Burns: Apply large quantities of cold water to the affected area as soon as possible & maintain this until the pain subsides. This may take as long as 15 minutes! If you are concerned, consult the doctor & take some pain relieving medication.

Chickenpox: On the first day a rash appears as small red patches about 3-4 mm across. Within a few hours of these developing, small blisters appear in the centre of these patches. During the next 3 or 4 days, further patches will appear, & the earlier ones will turn 'crusty' & fall off. Oily Calamine lotion may be applied to soothe the often severe itching. Cool baths may also help. The most infectious period is from 2 or 3 days before the rash appears & up to 5 days after this date. Children may return to school as soon as the last 'crusts' have dropped off.

Childhood Rashes: If your child is basically well but has a rash, this is usually due to a virus & this will settle untreated, in only a couple of days. We would want to see the child if he/she is ill with the rash.

Colds: Even in this day and age there is still no magic cure for the common cold. If you have a headache or are feverish, take Paracetamol and plenty of drinks. Do not

bother to take any antibiotics you may have in the house - these will have no effect!

Coughs: There is no satisfactory treatment for an irritant cough & most will clear up on their own. However, you may wish to take cough linctus. If you feel unwell, make an appointment to see the doctor. If your cough persists for over 12 weeks, please contact the GP.

Diarrhoea: Diarrhoea is often caused by a virus infection & most episodes settle on their own. Take plenty of fluids. If symptoms are very severe or persist for more than a week, seek advice. Taking fluids only, for 24 hours often helps.

Insect Bites & Stings: Antihistamine tablets can be obtained from the chemist without prescription, & will usually relieve most symptoms. Note: bee stings should be scraped away rather than 'plucked', in order to avoid squeezing the contents of the venom sac into the wound.

Minor Cuts & Grazes: Wash the wound with water & a little soap. To stop bleeding, apply a clean handkerchief firmly to the wound for about 5 minutes. Cover with clean, dry dressing.

Nose Bleeds: Sit in a chair (leaning forward with your mouth open) and pinch your nostrils for approximately 10 minutes, by which time the bleeding should have stopped. Avoid hot drinks or food for 24 hours. If symptoms persist, consult your doctor or attend the local A & E department.

Sprains RICE – Rest, Ice, Compression, Elevate: First, apply a cold compress, containing ice if possible, for 15 to 30 minutes to reduce swelling. Apply, firmly, a crepe bandage, & give the sprain plenty of rest until all discomfort has subsided. Further strain will inevitably lead to further swelling & a longer recovery period.

Sunburn: Treat as for other burns with cold water to remove the heat. Calamine lotion will relieve the irritation, whilst Paracetamol will also help. Children are particularly susceptible to sunburn & great care should be taken to avoid over-exposure to the harmful effects of the sun. Sunbathing is bad for the skin & increases the risk of skin cancer. Remember to apply sun screen of Factor 20 or above as protection.

Temperatures: Children often run temperature with no other symptoms. They need to be cooled down & then will feel much better. So do remove their clothes down to vest & pants & keep the room temperature down. Use Paracetamol syrup etc & if necessary sponge them with lukewarm - not cold - water or blow them with a fan. If there is no improvement or the child is unwell, then make an appointment.

Useful Telephone Numbers:

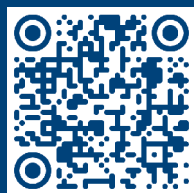
NHS 111	111
Barnsley District General Hospital	01226 730000
South Yorkshire Police	101
Child Line	0800 1111
Rape Crisis	0808 500 222
Barnsley Smoking Cessation	0800 612 0011
Barnsley Alcohol & Drug Advisory Service	01226 779066
Registration of Births, Deaths & Marriages	01226 773555
RELATE (Relationship counselling)	Online
Samaritans	116123
Spectrum Sexual Health Services	0800 055 6442
Barnsley Social Services	01226 773300
Citizens Advice Bureau	0800 144 88 48
CRUSE Bereavement Support	0808 808 1677

Local Pharmacy Numbers:

Asda	01226 704810
Barugh Green	01226 391881
Boots	01226 282616
Well Pharmacy	01226 203928
Darton Pharmacy	01226 383225
Lo's Pharmacy	01226 281666
Hills	01226 282882
Kexborough	01226 388475
Allied Pharmacy	01226 289620
Mapplewell Pharmacy	01226 382297
Superdrug	01226 282106

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PRACTICE AREA



Patient Participation

If you have any suggestions about this or ways that we can improve any of our services, please feel free to post your suggestions in the prescription box. While we cannot promise to implement each suggestion, we will analyse them and where resource is available, implement any that will improve our service.

Local Bus Services

No 1 - Staincross

Runs from Barnsley through New Lodge/Athersley onto Staincross, Mapplewell and Darton (as far as Sackup Lane) and then back to Barnsley via New Lodge/Athersley. Every 10 Minutes.

No 11 – Athersley

Runs from Barnsley to Athersley and back into Barnsley. Every 10 Minutes.

Both bus services run directly past the Roundhouse Medical Centre.

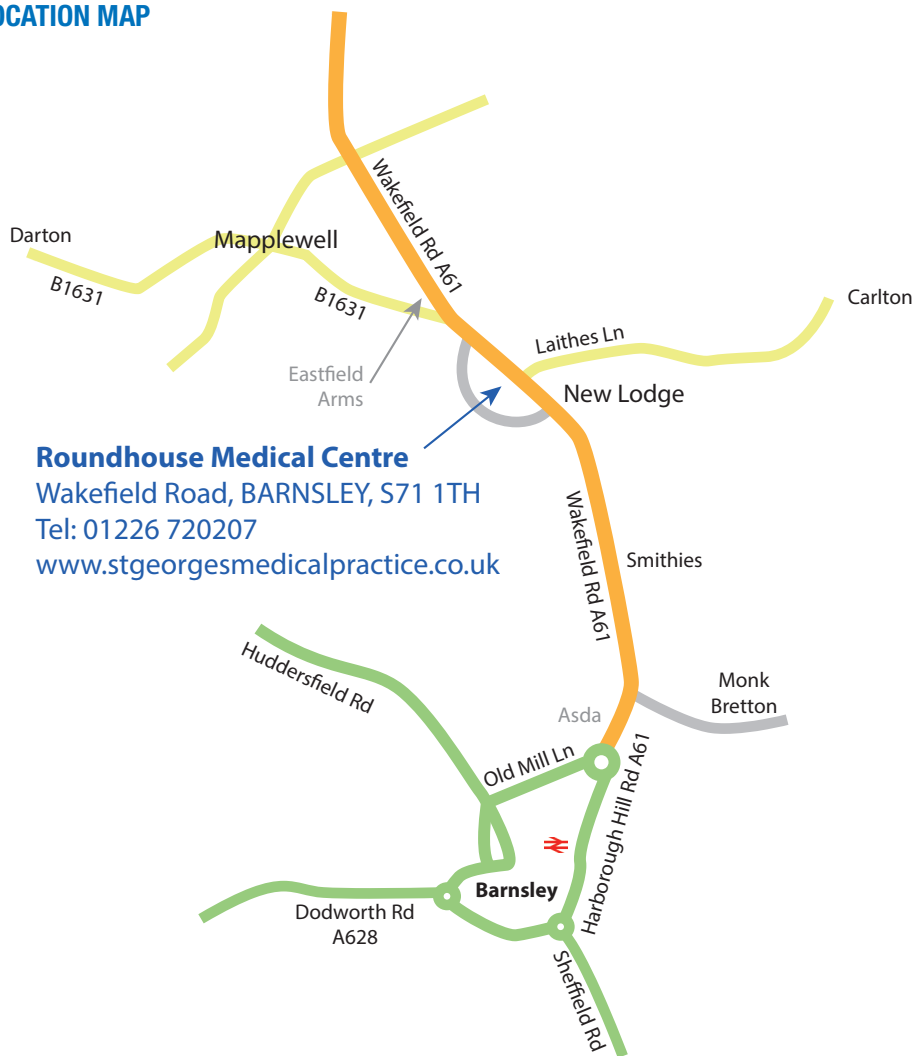
In 1948 the National Health Service was introduced and the General Medical Services (GMS) contract was established. All GPs held contracts with the Department of Health.

The year 1997 saw the introduction of the NHS (Primary Care) Act. This Act allowed GPs to move from the GMS Contract and make local agreements to provide health care: Personal Medical Services (PMS) pilots.

The practice has moved to a PMS Contract. This means that the practice can focus on local needs and improve the care offered, within the limits of the resources available.

Updated December 2025.

LOCATION MAP



NOTES:



To use the service please call:

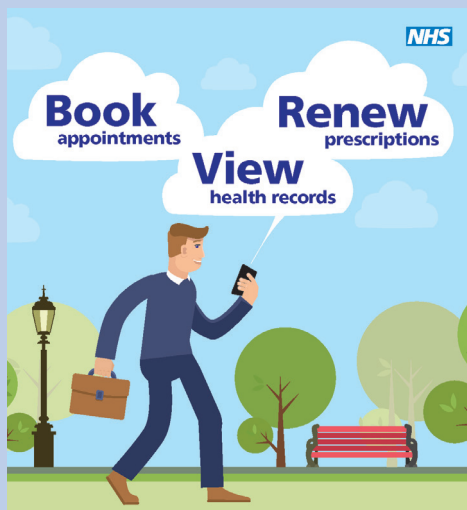
01226 242429

For more information please visit:

www.iheartbarnsley.org.uk

There is now a service in Barnsley that allows patients more choice to access evening and weekend appointments.

This is a free NHS Service and you do not need to register. This service is available to anyone registered with a GP practice in Barnsley.



Patient Online

Giving you more choice
in accessing GP services

Access all our online services by visiting:

www.stgeorgesmedicalpractice.co.uk

To register for online services please visit
our website or enquire at
Roundhouse Medical Centre Reception